



City of
Joondalup

MEETING OF THE SENIORS INTERESTS ADVISORY COMMITTEE

to be held on

WEDNESDAY 6 DECEMBER 2006

in Conference Room 3,

Joondalup Civic Centre, Boas Avenue, Joondalup

commencing at 9.30 am

GARRY HUNT
Chief Executive Officer
24 November 2006

CITY OF JOONDALUP

Notice is hereby given that a Meeting of the **SENIORS INTERESTS ADVISORY COMMITTEE** will be held in Conference Room 3, Civic Centre, Boas Avenue, Joondalup on **WEDNESDAY 6 DECEMBER 2006** commencing at **9.30 AM**.

GARRY HUNT
Chief Executive Officer
24 November 2006

Joondalup
Western Australia

AGENDA**Committee Members:**

Cr Richard Currie	South Ward
Cr Brian Corr	South-East Ward
Ms Sharleen Mann (Chair)	Industry Representative - Silver Chain
Mr Allyn Bryant	Industry Representative - Association of Independent Retirees
Mr Kevan Rogerson	Industry Representative – Centrelink
Ms Helen Attrill	Industry Representative – Aged & Community Services WA (ACSWA) Inc
Ms Margaret March	Community Representative
Ms Valerie Corey	Community Representative
Ms Joy Coleman	Community Representative
Ms Patricia Geary	Community Representative

Employees:

Mr Gavin Taylor	Acting Manager Community Development Services
Ms Lanie Pianta	Community Development Officer
Ms Gillian Hampson	Administration Officer

Invited Guests:

Ms Sue Chapman	Department for Community Development
Ms Jeanette McDonald	Community Vision Inc
Mr Peter Boam	WA Retirement Complexes Residents Association (WARCRA)

DECLARATION OF OPENING**APOLOGIES/LEAVE OF ABSENCE**

CONFIRMATION OF MINUTES

MINUTES OF THE SENIORS INTERESTS ADVISORY COMMITTEE MEETING HELD ON 4 OCTOBER 2006

RECOMMENDATION

That the minutes of the meeting of the Seniors Interests Advisory Committee held on 4 October 2006 be confirmed as a true and correct record.

ANNOUNCEMENTS BY THE PRESIDING PERSON WITHOUT DISCUSSION**DECLARATIONS OF INTERESTS****IDENTIFICATION OF MATTERS FOR WHICH THE MEETING MAY SIT BEHIND CLOSED DOORS****PETITIONS AND DEPUTATIONS****REPORTS**

		WARD	PAGE NO
ITEM 1	REVIEW OF SENIORS PLAN 2004 - 2008	All	3
ITEM 2	SENIORS: THIS IS YOUR LIFE EVENT	All	8
ITEM 3	PRESENTATION – TALES OF TIMES PAST – VASANTI SUNDERLAND	All	15
ITEM 4	PRESENTATION – LOCAL STUDIES – BARBARA HELLRIEGEL	All	16
ITEM 5	PRESENTATION – SENIORS PARTICIPATION IN 2007 JOONDALUP FESTIVAL – ACTING CULTURAL DEVELOPMENT CO-ORDINATOR	All	17

MOTIONS OF WHICH PREVIOUS NOTICE HAS BEEN GIVEN**REQUESTS FOR REPORTS FOR FUTURE CONSIDERATION****CLOSURE**

ITEM 1 REVIEW OF SENIORS PLAN 2004-2008 [55511]

WARD: All

RESPONSIBLE Mr Clayton Higham
DIRECTOR: Director Planning and Community Development

PURPOSE

To provide the Seniors Interests Advisory Committee (SIAC) with information about the proposed review process of the Seniors Plan 2004–2008.

EXECUTIVE SUMMARY

The Seniors Plan was developed to guide the efforts of the City of Joondalup in relation to its work with seniors. Council endorsed the Seniors Plan 2004–2008 on 11 November 2003. In accordance with the requirement that the plan be reviewed every three years, a process is outlined to complete the review by June 2007.

It is recommended that the Seniors Interests Advisory Committee NOTES the proposed review process of the Seniors Plan 2004-2008.

BACKGROUND

The Seniors Plan evolved from the “Seniors Master Plan – Leisure and Social Activity Needs”, which was commissioned by Council in 2001. The consultant’s brief was to inform Council of the social and recreation needs of seniors within the City of Joondalup.

The review of the Seniors Plan is due to commence in January 2007. The SIAC has reviewed the document as part of their agenda since August 2005 and will continue to identify strengths and limitations. The review will feed into aligning the Seniors Plan with other components of the Community Development Strategy, which was endorsed by Council in September 2006.

DETAILS

The SIAC have been reviewing actions in the Plan since first discussions in August 2005. Some actions have been modified as a result of recommendations of the committee. It is anticipated that a comprehensive review of the Plan will be conducted from January to June 2007.

The table below outlines a framework for the review and includes a timeline, key stakeholders and the method of consultation.

Timeline	Stakeholder Group	Method	Comment
February 2007	SIAC	Workshop	The SIAC will be familiar with the Plan as they have given feedback since 2005
March to May 2007	Seniors Groups in the community i.e. Seniors Citizens Clubs, Probus Clubs etc	Awareness raising on issues that impact on seniors Focus Groups Workshops Questionnaires	Workshops to be facilitated by suitably qualified personnel. Workshops to be held in different locations in the

Timeline	Stakeholder Group	Method	Comment
			community.
March to May 2007	Service providers, government and peak agencies	Focus Groups Workshops Questionnaires	Groups could be clustered into geographic regions
March to May 2007	Individual seniors in the community	Telephone/mail survey	Questions targeted to identify future needs as well as review of Plan
June 2007		Report preparation	Officers will prepare the report for Council

The review will be conducted in accordance with the City's Participation Policy and the media will be used to promote community awareness of the process.

Link to Strategic Plan:

The Seniors Plan is directly linked to the following key focus areas of the City's Strategic Plan –

Community Wellbeing

Outcome:

The City of Joondalup is known widely as a community that values and facilitates Lifelong Learning

Outcome:

The City of Joondalup provides social opportunities that meet community needs

Objective 1.3:

To continue to provide services that meet changing needs of a diverse and growing community

Strategy 1.3.1

Provide leisure and recreational activities aligned to community expectations, incorporating innovative opportunities for today's environment

Strategy 1.3.2:

Provide quality of life opportunities for all community members

Strategy 1.3.3:

Provide support, information and resources

Outcome:

The City of Joondalup is a safe and healthy environment

Legislation – Statutory Provisions:

There is no statutory requirement for the City to have a Seniors Plan. It is considered best practice to implement the actions of the plan to enhance the well-being of seniors in the community.

Risk Management Considerations:

The City has an ageing population and by implementing the tasks of the Seniors Plan, it is implementing measures that will benefit residents both now and in the future, as well as assisting in preventing common issues from escalating.

Financial/Budget Implications:

The actions highlighted in the Seniors Plan are directional only and their identification, as part of the plan does not assume that funds are associated. Any initiatives that are to be undertaken by the City as a result of their inclusion in the Seniors Plan would need to seek funding approval through normal Council budget allocation processes. Funds were allocated in the 06/07 budget to assist with the implementation of the Seniors Plan.

City Officers will be undertaking the review of the Plan; the costs of the review will be the advertising associated with placing advertisements in the Community Newspaper, Have-A-Go newspaper and the Joondalup Voice column. Additional costs will be for the in-house printing of posters and pamphlets for distribution in the community to inform community members about the review. Funds are available within the budget allocation for the Seniors Master Plan Implementation.

Policy Implications:

A key action in the Seniors Plan is that “Council review all policies that affect seniors.” The policies that are deemed to have the most impact on seniors are –

- Access and Inclusion (access to community facilities and public space; overcoming barriers that could prevent participation in community activities)
- Rates (reduced rates for seniors)
- Fees and Charges (reduced fees for seniors for some services)
- Use of community facilities (accommodation provided free of charge to seniors groups under the “subsidised use” policy).

An outcome of the review of the Plan may be that changes will be recommended for Council policies that are identified as important for, and impacting on seniors.

Regional Significance:

The Seniors Plan is a locally focused initiative; developed to guide the efforts of the City of Joondalup in relation to its work with seniors. There will be some issues unique for seniors within the City. Reviewing the Plan will enable those issues to be identified, just as including peak seniors groups and state government seniors agencies will provide opportunities for input on universal seniors issues common across regions, the state and indeed the country. Whilst focusing and operating locally, the Plan has and will continue to consider universal issues that impact upon seniors everywhere.

Sustainability Implications:

The existence of the Seniors Plan enables seniors the opportunity to actively participate in decision-making processes that aim to meet their needs.

Consultation:

Key stakeholders will be invited to participate in the review of the Plan, so that a range of ideas, opinions and views are represented in the final report. It is essential that individual community members, seniors groups/clubs, community groups with significant seniors membership, peak seniors agencies, non-government agencies and government seniors agencies participate in the review process of the Plan.

Extensive participation of key stakeholders will ensure that the review process and the subsequent Plan encapsulates and reflects current and contemporary issues and trends. The outcome of the review of the Plan, will be the delivery of a document, that is relevant and that will act as a guide for the City its strategic planning with seniors and associated issues in an era that will see a rapid growth in the ageing population.

COMMENT

The review of the Seniors Plan will commence in January 2007. The SIAC has reviewed the document as part on an ongoing basis as part of their agenda since August 2005; it will continue to identify strengths and limitations as part of the SIAC agenda. A more extensive and community-wide review will enable the City to produce an up-to-date and contemporary Plan, aligning the Seniors Plan with other components of the Community Development Strategy, endorsed by Council in September 2006.

ATTACHMENTS

Attachment 1 Seniors Plan 2004–2008 including status report.

VOTING REQUIREMENTS

Simple Majority

RECOMMENDATION

That the Seniors Interests Advisory Committee SUPPORTS the proposed review process of the Seniors Plan 2004-2008.

ITEM 2 SENIORS: THIS IS YOUR LIFE EVENT [55511]**WARD:** All**RESPONSIBLE DIRECTOR:** Mr Clayton Higham
Planning and Community Development**PURPOSE**

To provide the Seniors Interests Advisory Committee (SIAC) with a report on the of the 2006 seniors event “Seniors: This is Your Life.”

EXECUTIVE SUMMARY

The Seniors: This is Your Life event was held as part of the City’s commitment to an annual seniors event, consistent with objectives of the Seniors Plan 2004 - 2008. The event was planned, developed and delivered to complement the principles of positive active ageing.

It is recommended that the Seniors Interests Advisory Committee:

- 1 *NOTES the report on the “Seniors: This is Your Life” event;*
- 2 *ENDORSES the recommendations from the report on the “Seniors: This is Your Life” event.*

BACKGROUND

The name, theme, format and proposed content of the 2006 seniors event were endorsed at the SIAC meeting of 7 June 2006. The major objectives of the “Seniors: This is Your Life” event were endorsed at the SIAC meeting of 2 August 2006.

The objectives of the event aimed to complement and reflect universal contemporary active ageing concepts, which promote civic, physical, social, cultural, economic and spiritual connectedness and participation of seniors in the community. In the local context, this includes lifelong learning, leisure, recreation, safety, (community, home, personal), culture & art, access to information (financial, support services), entertainment and volunteering.

DETAILS

“Seniors: This is Your Life” was held during the week 11-15 September 2006. The event was organised by a working group, consisting of five SIAC members and the Community Development Officer. The planning of the event was guided by active ageing concepts and the SIAC-endorsed objectives. It also included the SIAC identified and endorsed topics of financial guidance, personal and home safety, physical health and fitness and entertainment. The working group then developed and delivered an extensive program of activities.

Throughout the weeklong event, seniors were offered opportunities to explore, discover and/or participate in a diverse range of activities. These included: variety & entertainment shows; seniors board games, physical activities; a guided public art walking tour; an interactive gardening presentation with celebrity gardener Sabrina Hahn; a School Volunteer Program information session; two Centrelink seminars; an introduction to the Tales of Times Past Oral History program; open days at Kingsley and Ocean Ridge Seniors Centres; an information session on safety issues for seniors; two tours of the Police Academy; an introduction to dancing; an art and craft workshop at blender(er) gallery; meeting the author Anna Jacobs; and laughing in a park.

Activities were held in a variety of accessible locations including Craigie Leisure Centre, Joondalup Library, Mawson Park, Fleur Freame Pavilion, the Police Academy, West Coast TAFE, blend(er) gallery, the Imperial Ballroom and Lakeside Joondalup Shopping City.

As well as scheduled activities, during the week, seniors were able to enjoy a special offer three-course lunch for \$12 at West Coast TAFE's Pavilion Restaurant. Other weeklong activities included a display at Lakeside Joondalup Shopping City and promotion of the Joondalup Volunteer Centre at Craigie Leisure Centre and Lakeside Joondalup Shopping City.

A working party from the SIAC was actively engaged in most aspects of the planning, development and delivery of the weeklong seniors event, playing a crucial role in ensuring that the event took place. Seniors actively participating in the whole event process ensured the delivery of an event "for seniors by seniors".

Diversity of activities & events

The diversity of activities provided during the event was extensive, ranging from physical and leisure activities through to social, cultural and financial information events.

Recommendation

That the range and diversity of activities be continued in future senior's events.

Objectives

The twelve objectives for the seniors event were related to the promotion of active ageing; the name of the event; the event timeframe; venues; presenters; showcasing existing activities/groups; external partnerships; internal partnerships; entertainment by seniors for seniors; encouraging intergenerational links; provision of cultural and art activities; and being inclusive and accessible.

These objectives were all met through the provision of an event that reflected active ageing concepts and the inclusion of issues identified by the SIAC, and a name chosen and endorsed by the SIAC. As determined by the objectives, the event was held over a week and activities occurred in various venues and locations throughout the community. A wide range of speakers provided opportunities for seniors to attend presentations on many topics and programs; the event showcased existing groups, activities and services i.e. the Police Academy, West Coast TAFE Pavilion Restaurant, Kingsley Seniors, Ocean Ridge Seniors, the Imperial Dance Studio, Library and Leisure Centre Programs, Centrelink information seminars and the Joondalup Volunteer Centre.

External and internal partnerships enabled the provision of a range of activities previously documented. Two variety shows by local entertainers provided entertainment for seniors by seniors at the Craigie Leisure Centre. The School Volunteer Program and Tales of Times Past provided the potential for seniors to participate in programs that work across generations. A guided public art walking tour and a workshop at blend(er) gallery were included in the program of activities to encourage seniors to access culture and art activities.

The program and posters for the event were widely distributed to medical centres, shopping centres, seniors centres, community groups, Customer Service areas, Libraries, Leisure Centres, peak seniors organisations and through electronic service provider networks. In addition, the event was promoted in the Have-A-Go Newspaper, the Joondalup Voice section of the community newspaper over three weeks and on Twin Cities FM Radio. The broad promotion and distribution of event programs aimed to ensure that event information would

include and capture a wide target group of seniors (inclusive) whilst encouraging seniors with any special requirements to contact the City for assistance (accessible).

Recommendation

That the objectives developed for this 2006 event become a benchmark in planning future seniors events, being adapted when appropriate to reflect the changing needs of seniors identified by the SIAC as well as universal current and contemporary issues identified by peak seniors organisations such as the Office of Seniors Interests & Volunteering, Council on the Ageing and the World Health Organisation.

Marketing & advertising

The timeline allocated for planning and developing the event combined with scale of the event and the impact of factors beyond the control of the working group, resulted in some delay in distribution of the advertising material for the event.

Recommendation

That the SIAC working party meets in February 2007 to commence the planning process for the next seniors event. At the same time, liaison begins with internal and external stakeholders / potential partners to ensure the delivery of high quality program of activities. That promotion of future events includes meeting with a whole range of seniors groups throughout the community, to engage these groups and their members in participating in future events as individuals and /or as a group.

Attracting participants to particular activities

Some activities attracted more interest and participants than others; the activities that were social and fun focussed were better attended than those of a more “serious” nature such as seniors and safety, volunteering for a school based program and an interactive oral history program for seniors, that involves interaction with school children.

Recommendation

Given the worth of various activities and issues including those identified by the SIAC as well as acknowledged contemporary universal seniors issues, it is important that the working group explore a means of providing information for seniors in different and creative ways, which link the more thought-provoking issues within the context of enjoyable events and activities.

Issues and options considered:

Not Applicable

Link to Strategic Plan:

The seniors event is directly linked to the following key focus areas of the City’s Strategic Plan –

Community Wellbeing

Outcome:

The City of Joondalup is recognised globally as a community that values and facilitates Lifelong Learning

Objective 1.1:

To develop, provide and promote a diverse range of lifelong learning opportunities

Outcome:

The City of Joondalup provides social opportunities that meet community needs

Objective 1.3:

To continue to provide services that meet changing needs of a diverse and growing community

Strategy 1.3.1:

Provide leisure and recreational activities aligned to community expectations, incorporating innovative opportunities for today's environment

Strategy 1.3.2:

Provide quality of life opportunities for all community members

Legislation – Statutory Provisions:

Not Applicable.

Risk Management considerations:

Not applicable

Financial/Budget Implications:

Seniors: This is Your Life Budget Costs
--

Presenter / Item	Cost
Neville Collard – Welcome to Country	\$200
Sabrina Hahn	\$385
Vasanti Sunderland – Tales of Times Past	\$300
Grant Stone – Laugh WA	\$200
Advertising - Joondalup Voice x 3 weeks	\$560
Sound Solutions – hire of equipment	\$390
Party Plus – helium balloons	\$115
In - house printing costs – program & posters	\$250
Chris Kershaw – Hire of photographer for event	\$470
Have-A-Go newspaper advertisement	\$262
Refreshments	\$100
Sundries (Gladioli for Dame Edna)	\$ 75
Total Cost = \$3,307	

The costs for Seniors: This is Your Life event amounted to \$3,307; this is substantially below the \$5,000 allocated in the City's 2006/2007 budget for a seniors event. This represents excellent "value for money" for a five-day seniors event.

A key reason for the low cost and value for this event can be linked with the SIAC working party following the three particular event objectives:

- To showcase or link in with existing activities and groups in the community;
- To involve external partnerships with appropriate agencies to provide relevant information and activities for seniors;
- To include internal partnerships with appropriate City areas, working in partnership with Library & Information Services, Culture & Arts, Leisure, Joondalup Volunteer Centre, Recreation and Marketing

This practice resulted in the promotion and provision of a wide range of existing external and internal activities at no cost for this event. These included:

- Variety show entertainers;
- Two Police Academy tours;
- Two Centrelink seminars;
- Kingsley & Ocean Ridge Club Seniors open days;
- Imperial Ballroom Dancing classes;
- Joondalup Community Arts Association workshop;
- West Coast TAFE week-long lunch special;
- Leisure Centre activities;
- Library activities – games and "Meet the Author Anna Jacobs";
- Culture & Art - Public Art Walking Tour

Recommendation

That \$5,000 be considered in the 2007/2008 budget deliberations to enable the City to provide a seniors event in 2007 and that the SIAC working group continue to be guided by the objectives, working with internal and external partners to showcase existing programs and activities in the community.

Policy Implications:

Not Applicable.

Regional Significance:

"Seniors: This is Your Life" was an event developed for residents of the City, guided by the SIAC and the SIAC working party, both of which comprise seniors and industry representatives from seniors agencies. However, the activities and presentations developed for this event are not exclusive to the City; they reflect universal issues, relevant for many seniors throughout the region, the wider metropolitan area and the state.

Sustainability Implications:

The participation of seniors in the planning, development and delivery of a seniors event in their community, is fundamental to the development and growth of a healthy, equitable, active and engaged and connected community. The event provided a range of activities which enabled seniors the opportunity to access educational information on leisure, recreation, cultural and social issues.

Consultation:

Not Applicable

COMMENT

This report demonstrates how the program for the “Seniors: This is Your Life”, together with the promotional process, complements the objectives which were endorsed by the SIAC. The program of activities reflected a holistic active ageing approach to the event, providing a wide range of activities designed to appeal to the target audience; seniors living in the City of Joondalup. The contribution of the SIAC working party members was a vital component in ensuring that the seniors event was delivered. Recommendations related to achievements and challenges are intended to improve the planning and development process for the 2007 seniors event, ensuring the delivery of an exceptional program.

ATTACHMENTS

Attachment 1 “Seniors: This is Your Life” objectives.

Attachment 2 “Seniors: This is Your Life” program

VOTING REQUIREMENTS

Simple Majority

RECOMMENDATION

That the Seniors Interests Advisory Committee:

- 1 NOTES the report on the “Seniors: This is Your Life” event;**
- 2 ENDORSES the recommendations from the “Seniors: This is Your Life” report;**
 - (a) That the range and diversity of activities be continued in future seniors events;**
 - (b) That the objectives developed for this 2006 event become a benchmark in planning future seniors events, being adapted when appropriate to reflect the changing needs of seniors identified by the SIAC as well as universal current and contemporary issues identified by peak seniors organisations such as the Office of Seniors Interests & Volunteering, Council on the Ageing and the World Health Organisation;**
 - (c) That the SIAC working party, meets in February 2007 to commence the planning process for the next seniors event. At the same time, liaison begins with internal and external stakeholders / potential partners to ensure the delivery of an extensive high quality program of activities. That promotion of future events includes meeting with a whole range of seniors groups throughout the community, to engage these groups and their members in participating in future events as individuals and /or as a group;**
 - (d) Given the worth of various activities and issues including those identified by the SIAC as well as acknowledged contemporary universal seniors issues, it is important that the working group explore a means of providing information for seniors in different and creative ways, which**

link the more thought-provoking issues within the context of enjoyable events and activities;

- (e) That \$5,000 be considered in the 2007/2008 budget deliberations to enable the City to provide a seniors event in 2007 and that the SIAC working group continue to be guided by the objectives, working with internal and external partners to showcase existing programs and activities in the community.**

ITEM 3 PRESENTATION - TALES OF TIMES PAST [55511]**WARD:** All**RESPONSIBLE** Mr Clayton Higham
DIRECTOR: Planning and Community Development

Vasanti Sunderland will attend the SIAC meeting to conduct a presentation on the Tales of Times Past Intergenerational Intercultural Oral History Program. The program evolved from Vasanti's extensive experience working with a wide range of people from diverse experiences and cultural backgrounds in her role as a Community Development Consultant/Facilitator and Storyteller.

The vision of the program is to make a contribution to enriching communities through promoting participation, encouraging understanding and recognition of the value of all members of our community across all cultures and generations.

The aims of the program are to:

- Enable seniors to meet and celebrate shared and different histories;
- Promote interaction between generations within family structures;
- Establish a community resource of oral historians operating as independent groups available to schools, educational institutions, government and non-government agencies, business and community groups and the general public;
- Contribute to a greater understanding of the issues faced by each generation as well as the skills and experiences each can offer, by dispelling the stereotypical myths and fears held by different cultures and generations;
- Break down and reduce the isolation of seniors and age segregation in community activities.

ITEM 4 PRESENTATION – LOCAL STUDIES [55511]**WARD:** All**RESPONSIBLE** Mr Clayton Higham
DIRECTOR: Planning and Community Development

Barbara Hellriegel, Library Reference & Local Studies Officer will attend this SIAC meeting to provide the SIAC members with information about the Local Studies Collection in the Joondalup Library.

Local Studies have created a collection of information for budding historians and researchers, representing life throughout the region from early exploration to the City of today. Regular courses are held for family history enthusiasts with accessibility to a large collection of resources being available. A volunteer-driven oral history program enables community participation in the recording and preserving of history through recorded interviews.

This rich tapestry of history, which records the development of the City of Joondalup is expertly documented within the Local Studies Collection, located in the lower ground floor of the Joondalup Library.

**ITEM 5 PRESENTATION – SENIORS PARTICIPATION IN
2007 JOONDALUP FESTIVAL [55511]**

WARD:	All
RESPONSIBLE DIRECTOR:	Mr Clayton Higham Planning and Community Development

The Acting Cultural Development Co-ordinator will attend this SIAC meeting to give a presentation about seniors' participation in the 2007 Joondalup Festival. It is envisaged that seniors' participation reflect contemporary trends; that seniors be actively involved in planning, organising and participating with Festival organisers, rather than have an event or activity provided for them.

Ongoing participation of seniors in the planning and implementation of the Joondalup Festival is a workable proposition, consistent with the spirit of the City's Access and Inclusion Plan and Active Ageing strategies, which encourage seniors to remain connected and engaged with their communities through civic, physical, economic, social and cultural activity and participation.

Dialogue has been ongoing since February 2006 between Officers and the organisers of the Festival to facilitate the concept of involving seniors in the planning and implementation phases of the Joondalup Festival and ultimately involvement and participation in the Festival. The SIAC is an appropriate place to commence and continue discussion about how this may be possible.

Recommendations from the SIAC meeting of 2 August 2006 are that Council:

- Undertakes a consultation process which enables seniors to contribute to the programming of the 2007 Joondalup Festival;
- Advertises for interested members of the community to participate in the planning process for the 2007 Joondalup Festival.



Seniors Plan 2004 - 2008

Seniors Plan 2004 - 2008

COMMUNITY WELL BEING

OUTCOME: The City of Joondalup is recognized globally as a community that values and facilitates Lifelong Learning
OBJECTIVE 1.1 To develop, provide and promote a diverse range of lifelong learning opportunities
STRATEGY 1.1.3 Support whole-of-life learning and creation of knowledge opportunities

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Engage the City's Economic Development Officer to link with Learning Cities project	Continue to use a Learning Cities model to meet the ongoing learning needs of seniors	Ongoing	Existing Resources	Seniors needs are considered in all Learning City projects	Library and Information Services Strategic and Sustainable Development	Seniors Circle and other community education programs offered by the Libraries.
	Support research conducted by Tertiary Institutions	Ongoing	Existing Resources	Finalised research documents obtained by the City	Library and Information Services Strategic and Sustainable Development	Elder Abuse research from ECU Transitions in Ageing Research DCD 2006
Continue to support initiatives that specifically meet the education and training needs of seniors	Continue to support and develop programs that address the needs of seniors i.e. Information Technology workshops	Ongoing	Existing Resources	Seniors needs are considered in the development of all library programs	Library and Information Services	Online Public Access Catalogue (OPAC) training provided to 30 seniors in 05 and 15 to date in 06. Training provided on request.

Seniors Plan 2004 - 2008

COMMUNITY WELL BEING

OUTCOME: The City of Joondalup provides social opportunities that meet community needs
OBJECTIVE 1.3 To continue to provide services that meet changing needs of a diverse and growing community
STRATEGY 1.3.1 Provide leisure and recreational activities aligned to community expectations, incorporating innovative opportunities for today's environment

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Council to review all policies that affect seniors	<ol style="list-style-type: none"> 1. Report to Executive with proposal to review Community Development policies that affect seniors 2. Produce project brief 3. Develop draft policies 4. Submit draft policy to Executive Management 5. Amend draft policy as required 	March 2005	Existing Resources	Policies endorsed by Executive	Community Development Services Property Management Working Group	Policy Review process commenced Feb 2005. Committee to review all policies. Report outlining review of all Fees and Charges affecting Seniors presented to Council 28 June 2005. Decision that seniors be offered 25% discount for memberships, lifestyles courses and pool entry at the City's Leisure Centres.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Conduct consultation on the draft policy	<ol style="list-style-type: none"> 1. Prepare a consultation strategy 2. Implement consultation strategy 3. Amend the policies as required 4. Submit policies to Council for endorsement 	June 2005	\$1,000	Policies endorsed by Council	Community Development Services Property Management Working Group	See above
Develop information sheet to assist programmers within the City	Based on the consultation and findings of the Seniors Master Plan – Leisure and Social Activity Needs establish a user-friendly guide with checklists for programmers to follow and comply with	Dec 2004	Existing Resources	Checklists completed and distributed	Community Development Services	Completed October 2004. Checklist on the intranet site under Access and Inclusion.
Conduct regular reviews of the seniors plan	Conduct a review of this plan every three years	Jan 2007	\$1,000	Review report finalised with recommendations	Community Development Services	Seniors Interests Advisory Committee discussed plan in Aug and Nov 05 focused on the strengths and limitations. Discussions continued in 06.

Seniors Plan 2004 - 2008

COMMUNITY WELL BEING

OUTCOME: The City of Joondalup provides social opportunities that meet community needs
OBJECTIVE 1.3 To continue to provide services that meet changing needs of diverse and growing community
STRATEGY 1.3.1 Provide leisure and recreational activities aligned to community expectations, incorporating innovative opportunities for today's environment
STRATEGY 1.3.2 Provide quality of life opportunities for all community members
STRATEGY 1.3.3 Provide support, information and resources

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Challenge negative ageing stereotypes through media and publications and the involvement of community groups in promoting positive ageing	Assist key seniors stakeholders in undertaking a regional lifestyle event	Ongoing	Initial \$10,000 then \$2,000 each year	Evaluation report with recommendations completed	Community Development Services Marketing, Communications and Council Support	"Living Now – a Seminar for Seniors" - 30 June 2005. "Seniors: This is Your Life" events planned for 11 – 15 Sep 2006.
	Establish a user-friendly Guide with checklist to follow and comply with (as detailed in access and inclusion plan)		Existing Resources	Checklist completed and made available to staff	Community Development Services	Guide developed October 2004. Checklist on the intranet site under Access and Inclusion.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Promote the development of intergenerational activities	Intergenerational activities (ie; storytelling in the libraries)	Ongoing	Existing Resources	Evaluation report completed	Library and Information Services	Quilting Project – seniors and children in 05. Other programs researched July/Aug 2006, these include School Volunteer Program and Tales of Times Past Oral History Intergenerational program. Both programs will be showcased during Seniors; This is Your Life in September 2006.
	Continue to support the Absolutely Everybody program	Ongoing	\$1,000	Evaluation report completed with recommendations	Community Development Services	This item reviewed and deemed no longer actionable.
Implement a strategy to help community groups and seniors organisations increase their capacity to deliver	Develop contacts and networks	Ongoing	Existing Resources	List of contacts established	Community Development Services	Networks established with Community Vision Inc, Office of Seniors Interests, Advocare,

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
services to seniors						Commonwealth Care Link Centre, Silver Chain, Prevention of Elder Abuse Network, Seniors Recreation Council, Council on the Ageing, Carers WA, Community Policing Unit, People Who Care and Senior Citizens Clubs. A list of the contacts has been developed and is now in use.
	Promote volunteering through the Joondalup Volunteer Centre	Ongoing	Existing Resources	Regular promotion of Volunteer Centre to seniors		Volunteer Centre promoted via guest speaker and information display at the Seniors Seminar in June 2005. Centre listed in the Directory for Seniors. Also promoted via community talks with seniors groups

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
						and invited to participate and promote Centre during Seniors: This is Your Life, September 2006.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Provide services and resources to meet the information, recreation and lifelong learning needs of seniors	Continue directory for seniors detailing organisations, recreational bodies, resource and advice centres	Aug 2005	\$10, 000	Directory completed and distributed	Community Development Services	Directory review commenced August 2005. New directory to be printed end of 2006.
	Resources in alternative formats (as detailed in the Access and Inclusion Plan)	Ongoing	Existing resources	Resources provided on request	Community Development Services	Guidelines developed, placed on the intranet and advertised to all staff in October 2004.
	Continue books on wheel service to housebound members of the community	Ongoing	Existing Resources	Evaluation report completed	Library and Information Services	Service provided to approximately 283 participants. Service not promoted, as utilisation remains high. Evaluation report Jan 2006.
	Seniors week events	October each year	Existing Resources	Events planned and implemented	Community Development Services Library and Information Services	Various activities in 05 including "Living Now: A Seminar for Seniors". Program for 2006 includes "Seniors: This is Your Life"

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
						week of active ageing activities 11 to 15 September 2006.
	Monthly Seniors Circle	Ongoing	Existing resources	Program is planned and implemented	Library and Information Services	Seniors Circle 396 participants in 05/06. Seniors Games 304 in 05/06.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
	<p>Continue Growing Old and Living Dangerously (GOLD) and other recreation programs</p> <p>Note this program renamed "Platinum 50+" in July 2006.</p>	Ongoing	\$16, 000	200 participants per term	Community Development Services	July to Dec 05 – 2,180 participants. 2039 enrolled in 2006. Program renamed "Platinum 50+".
	<p>Continue the Network for the Prevention of Elder Abuse</p> <p>Note this network is now known as the Prevention of Elder Abuse Network.</p>	Ongoing	Existing resources	At least 4 meetings held annually	Community Development Services	Meetings held in Feb, May and Aug 2006. Community Development Officer chairs meetings. Network liaises with the WA Prevention of Elder Abuse Network facilitated by Advocare and links with the newly formed state Alliance for the Prevention of Elder Abuse.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Review and formalize hairdressing services at the City's facilities	<p>Investigate current arrangements</p> <p>Produce a position paper detailing all findings with recommendations</p> <p>Forward to the Seniors Interest Advisory Committee for comment</p> <p>Forward to executive for endorsement</p> <p>Undertake recommendations</p>	Aug 2004	Existing Resources	Hairdressing services are formalised	<p>Community Development Services</p> <p>Property Management Working Group</p>	<p>Review conducted between June and November 2004. Recommended that the results of the review be included in the complete review of Fees and Charges for City facilities, which is pending.</p>
Financial Counsellor to undertake a range of financial workshops to assist Seniors in managing their finances	<p>Implement a course of forums to assist seniors in managing their finances</p> <p>Review external funding options to undertake forums</p>	June 2004	External Funding	Forums undertaken and an evaluation report is completed	Community Development Services	<p>Training package developed in October 2004. Training offered to seniors groups. Offer not been taken up. Will continue to promote. Seminar to be conducted by Centrelink during week of seniors activities in response to a</p>

Seniors Plan 2004 - 2008

						request by SIAC on the issue of Reverse Mortgages.
--	--	--	--	--	--	--

COMMUNITY WELL BEING

OUTCOME: The City of Joondalup is a safe and healthy City
OBJECTIVE 1.4 To work with the community to enhance safety and security in a healthy environment
STRATEGY 1.4.1 Continue to implement the Safer Community Program

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
In conjunction with City Watch work to reduce the perceived risk of crime	Develop, implement and evaluate forums to educate seniors on personal safety	Ongoing	Existing Resources	Forums documented and evaluations completed	Community Development Services	Yet to be implemented
	Increase awareness of existing services such as City Watch	Ongoing	Existing Resources	Customer Satisfaction Monitor	Community Development Services	Yet to be implemented

Seniors Plan 2004 - 2008

CITY DEVELOPMENT

OUTCOME: The City of Joondalup has well-maintained assets and built environment
OBJECTIVE 3.1 To develop and maintain the City of Joondalup's assets and built environment
STRATEGY 3.1.1 Plan the timely design, development, upgrade and maintenance of the City's infrastructure

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Development of a Storage Standards Paper and strategy	<ol style="list-style-type: none"> 1. Identify aspects to be covered 2. Determine desired level of community responsibility 3. Determine Council responsibility 4. Draft standards paper 5. Submit to Executive Management team 6. Submit for Council approval 7. List funding required (if any) for consideration on Draft budget 	June 2005	Existing Resources	Standards approved by Council	Community Development Services Property Management Working Group	Audit of community facilities April to Oct 2006. Minor Works listed for 06/07 budget.

Seniors Plan 2004 - 2008

CITY DEVELOPMENT

OUTCOME: The City of Joondalup has well-maintained assets and built environment
OBJECTIVE 3.1 To develop and maintain the City of Joondalup's assets and built environment
STRATEGY 3.1.1 Plan the timely design, development, upgrade and maintenance of the City's infrastructure
STRATEGY 3.1.3 Create and maintain parklands that incorporate nature and cultural activities accessible to residents and visitors

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Develop passive facilities throughout City	<ol style="list-style-type: none"> 1. Future Directions for passive facilities are incorporated into the Leisure Planning process 2. Formulate a plan to establish or modify passive facilities into existing and new infrastructure. 3. Submit to Executive Management team 4. Submit for Council approval 5. List funding required for consideration on Draft budget 	June 2005	Existing Resources	Plan has been adopted, funds have been allocated and works have begun.	Community Development Services Property Management Working Group	Listed in the Community Development Strategy - Leisure Plan 2006.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Review the City's Community Transport Program	<ol style="list-style-type: none"> 1. Examine existing program 2. Determine desired level of service 3. Determine bus type 4. Identify gaps in service provision 5. Draft management and service requirements agreement 	March 2004	Existing resources	Evaluation completed and Requirements actioned	Community Development Services	<p>Review conducted in March 2004. Review concluded that service was meeting needs and should continue to be provided in its current format.</p> <p>Ongoing review of the service continues in August 2006.</p>
Within the work of the Urban Design, integrate the needs of seniors as integral to the ongoing development and sustainability of communities	In conjunction with the City's Sustainability Officer and Urban Designers review the sustainability needs of the community	Ongoing	Existing resources	<p>List of needs identified</p> <p>Needs are considered in future development</p>	<p>Strategic and Sustainable Development</p> <p>Approvals, Planning and Environmental Services – Urban Design</p>	Sustainability outcomes applied to Woodlake Retreat aged facility and MeathCare aged facility during development and planning phases

Seniors Plan 2004 - 2008

CITY DEVELOPMENT

OUTCOME: The City of Joondalup recognizes the changing demographic needs of the community
OBJECTIVE 3.3 To continue to meet changing demographic needs
STRATEGY 3.3.1 Provide residential living choices

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Work to bring together various aged care service providers with a view to help inform the City of future residential facilities and services requirements	A representative for seniors accommodation is included in the Seniors Interest Advisory Committee membership	June 2004	\$500	Representative regularly attending committee meetings	Community Development Services	A representative from WA Retirement Complexes Residents Association recruited for the Committee in August 2005. Representative recruited to the Committee from Aged & Community Services WA in July 2006. Anticipated that this person's knowledge and expertise will assist with the establishment of an aged care

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
						service provider's network in the City.
	Review the needs of the community as a strategy to identify and plan future needs	July 2005	Existing Resources	Report completed	Community Development Services	Network to address this task will be established.
Undertake consultation with Commonwealth and State governments to ascertain their future plans for the provision of residential facilities and services	Develop links and networks with relevant State and Commonwealth government department in relation to seniors accommodation, facilities and services	Ongoing	Existing Resources	Network formed	Community Development Services	Participated in review of Legislation of Retirement Villages held by Dept for Consumer and Employment Protection in Aug 2006.
	Review relevant State and Commonwealth government strategic plans for seniors accommodation, facilities and services and provide feedback.	Ongoing	Existing Resources	Strategic plans taken into account in future planning	Community Development Services	Responded to the State Government's Housing Policy. Feedback given in December 2005.
	Develop partnerships and alliances with stakeholders and neighbouring Local Govt. Authorities	Ongoing	Existing Resources	Minutes of meetings	Community Development Services	Alliances developed with Office of Seniors Interests, Commonwealth Care Link Centre.

Seniors Plan 2004 - 2008

CITY DEVELOPMENT

OUTCOME: The City of Joondalup recognises the changing demographic needs of the community
OBJECTIVE 3.3 To continue to meet changing demographic needs
STRATEGY 3.3.2 Integrate plans to support community and business development

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Identify the long term strategic impact of an ageing population on health services	Review and identify community needs	Ongoing	Existing Resources	Report completed and constantly updated	Community Development Services	Agenda item for the Seniors Interests Advisory Committee

ORGANISATIONAL DEVELOPMENT

OUTCOME: The City of Joondalup is an interactive community
OBJECTIVE 4.3 To ensure the City responds to and communicates with the community
STRATEGY 4.3.1 Provide effective and clear community consultation
OBJECTIVE 4.3.2 Provide accessible community information

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Assist seniors to access information and services through the Internet by expanding existing programs and	Incorporate access and inclusion best practice into the planning of all future online services as appropriate (as detailed in the Access and Inclusion	Ongoing	Existing Resources	As detailed in access and inclusion plan	Information Management Library and Information Services	Online Public Access Catalogue (OPAC) training provided to 30 participants in 05 and 15 in 06 to

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
services	Plan)					date. Training provide on request. Seniors provided with information about agencies that can assist with internet & computer training upon request.

Seniors Plan 2004 - 2008

ACTION	TASKS	TIME FRAME	RESOURCES	PERFORMANCE INDICATOR	BUSINESS UNIT RESPONSIBLE	STATUS
Investigate the needs of seniors born overseas to overcome existing problems in accessing aged care and other services	Develop strategies to address barriers to access	Ongoing	Existing resources	As detailed in access and inclusion plan (Network meetings)	Community Development Services	Community Development Officer joined Multicultural Aged Care Network.
	Train internal staff to implement strategies to address barriers to access	Ongoing	Existing resources	As detailed in access and inclusion plan (Training planned implemented)	Human Resource Services	Yet to be implemented
Increase awareness across the organisation of the specific information needs of seniors	Develop and provide in-house training for staff on the specific information requirements of seniors (As detailed in the Access and Inclusion plan)	June 2004	Existing resources	As detailed in access and inclusion plan (Training planned implemented)	Human Resource Services	Yet to be implemented

**“Seniors: This is Your Life” Event
11 – 15 September 2006**

Obectives:

- To promote civic, physical, social, cultural, economic and spiritual connectedness and participation of seniors in the community, which includes life long learning, leisure, recreation, safety (community, home, personal), culture & art, access to information (financial, support services etc), entertainment, volunteering and so on;
- To have a name which has been identified by the Seniors Interests Advisory Committee which captures the theme and which will appeal to the target group;
- To be held over one week to enable the City to hold a range of activities and events, so that seniors attend particular events of interest;
- To take place in various venues throughout the City, to be more accessible and community based;
- To offer a range of speakers / presenters / facilitators who will provide information on issues identified by the Committee;
- To showcase or link in with existing activities and groups in the community;
- To involve external partnerships with appropriate agencies to provide relevant information and activities for seniors;
- To include internal partnerships with appropriate City areas, working in partnership with Library & Information Services, Culture & Arts, Leisure, Joondalup Volunteer Centre, Recreation, Marketing, Customer Service;
- To provide entertainment by / for seniors linked with positive active ageing theme;
- To provide opportunities for entertainment and other activities that encourage intergenerational links;
- To provide opportunities for seniors to participate in cultural and arts activities as identified by the Committee and the working party;
- To be inclusive and accessible i.e. for people with disabilities, Culturally and Linguistically Diverse people and Aboriginal people.

FRIDAY 15 SEPTEMBER:

Aqua Aerobics Class (8.00am)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Enquiries 9400 4600.

Circuit Classes (10.30am)

City of Joondalup Leisure Centre, cnr Warwick Road & Marmion Avenue, Duncraig. Enquiries 9400 4600.

Joondalup Community Arts Association Workshop (10.00am – 12.00noon)

blend(er) gallery, Central Walk, Joondalup. Interactive printmaking and bookbinding techniques with Judy Rodgers, of interest to scrapbooking and card making enthusiasts. Morning tea provided. Limited numbers, bookings essential 9300 3088.

Activities at Ocean Ridge Senior Citizens Club (10.45am - 2.00pm)

Beaumaris Community Centre, Constellation Drive, Beaumaris. Drop in and find out about activities. Enjoy a cuppa and refreshments with Sylvia and the members.

Mooro Country Walking Tour (10.00am – 12.00noon)

Neil Hawkins Park, Joondalup. Take a guided walk with Pam Yarran and learn about the country of the Mooro people. Damper with tea/coffee provided after the walk. Limited numbers, bookings essential 9400 4315.

Family History Research Group (9.30am – 12.00noon)

Joondalup Library, Boas Avenue, Joondalup. Please register interest 9400 4746.

"Laugh in the Park" with Grant Stone - Convenor Laugh WA (1.30pm – 2.30pm)

Mawson Park, Flinders Avenue, Hillarys. Feel alive and laugh your head off in the beautiful outdoors. Enquiries 9400 4315.

Seniors Recital at the Joondalup Eisteddfod (5.30pm – 6.00pm)

City of Joondalup Council Chambers, Boas Avenue, Joondalup. Enjoy a short recital before the Eisteddfod. Enquiries 9400 4926.

WEEK - LONG ACTIVITIES

City of Joondalup promotional display @ Lakeside Joondalup Shopping City

A promotional display including the week's activities and other City programs for seniors.

Promoting Volunteering

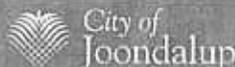
Find out about volunteering - what you can offer and what it offers you.

Seniors Lunch Special (12.00 noon – 2.30pm, last orders taken 1.30pm)

West Coast TAFE Pavilion Restaurant. Get in early and take advantage of this great offer, 3 courses / \$12 – be early, limited capacity. Bookings essential 9233 1755.

For further information about any activities, or if you have special requirements, please contact 9400 4315.

To obtain this information in an alternative format, please call 9400 4315.



Boas Avenue Joondalup WA 6027 • PO Box 21 Joondalup WA 6919
Telephone: 9400 4000 • Facsimile: 9300 1383
www.joondalup.wa.gov.au

SENIORS: THIS IS YOUR LIFE

11-15 September 2006



MONDAY 11 SEPTEMBER:

Welcome To Country (10.30am)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Neville Collard will perform this ceremony.

Launch of activities by Mayor Troy Pickard

City of Joondalup Leisure Centre, Whitfords Ave, Craigie.

Morning Variety Entertainment Show (10.45am – 12.15pm)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Fun entertainment by Bullesye Productions, a local performance group that raises money for charity. Enquiries 9400 4315.

Afternoon Variety Entertainment Show (1.30pm – 4.00pm)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Performers Patrick O'Hooligan & Shirley and the Starlets. Enquiries 9400 4315.

Seniors Games (1.00pm – 3.00pm)

Joondalup Library, Boas Avenue, Joondalup. Don't be bored, join in board games. Enquiries 9400 4761.

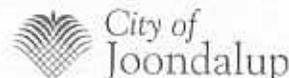
Seniors Body Pump Class (8.00am)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Enquiries 9400 4600.

Aqua Aerobics Class (8.00am & 2.00pm)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Enquiries 9400 4600.

www.joondalup.wa.gov.au





SENIORS WEEK

TUESDAY 12 SEPTEMBER:

Low impact aerobics (9.00am)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Enquiries 9400 4600.

Circuit Classes (10.30am)

City of Joondalup Leisure Centre, cnr Warwick Road & Marmion Avenue, Duncraig. Enquiries 9400 4600.

Public Art Walking Tour (10.00am – 11.30am)

Meet in the foyer of the Joondalup Library, tour ends at blend(er) gallery. Morning tea will be provided. Limited numbers bookings essential 9400 4315.

Meet Sabrina Hahn ABC Radio Gardening Guru (10.30am – 12.00noon)

Fleur Freame Pavilion, McDonald Reserve, Padbury. A fun, informative and interactive presentation by well-known ABC gardening personality. Morning tea provided, bookings essential 9400 4315.

Discover the School Volunteer Program (1.00pm – 3.00pm)

Fleur Freame Pavilion, McDonald Reserve, Padbury. The School Volunteer Program utilises the abilities of mainly seniors and retired people, to encourage and guide children who are having difficulty coping at school. Come along and find out more about how you can participate in a rewarding program. Afternoon tea provided. Enquiries 9400 4315.

CWA Joondalup Morning Tea (10.00am – 11.30am)

Emerald Park clubroom, Emerald Way, Edgewater. Country Women's Association of Joondalup will provide morning tea and comedy skit performances for invited guests. Enquiries 9400 4315.

WEDNESDAY 13 SEPTEMBER:

Circuit Classes (8.00am)

City of Joondalup Leisure Centre, cnr Warwick Road & Marmion Avenue, Duncraig. Enquiries 9400 4600.

Seniors Indoor Cycling (10.00am)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Enquiries 9400 4600.

WA Retirement Complexes Residents Association Promotion (9.30am – 10.00am)

Fleur Freame Pavilion, McDonald Reserve, Padbury. Morning tea provided. Learn about issues associated with living in retirement complexes. Enquiries 9400 4315.

Centrelink Seminar "Accommodation Choices in Retirement" (10.00am – 12.00 noon)

Fleur Freame Pavilion, McDonald Reserve, Padbury. Your choice to own or not; financial considerations can impact on choice. Please register on 9400 4315. Morning tea provided.

Tales of Times Past interactive presentation (1.30pm – 3.00pm)

Fleur Freame Pavilion, McDonald Reserve, Padbury. This opportunity provides a beginners understanding of this program, which enables you to recall and develop stories for presentations in schools and the community. It brings together seniors from all sorts of backgrounds and experiences to share in storytelling. Afternoon tea provided, please register interest 9400 4315.

Aqua Aerobics Class (2.00pm)

City of Joondalup Leisure Centre, Whitfords Ave, Craigie. Enquiries 9400 4315.

Afternoon tea and meet new people

Kingsley Senior Citizens Club, Kingsley Reserve clubrooms, 72 Kingsley Drive, Kingsley. Join in, meet new people in a friendly environment and look at the activities on offer.

Meet the Author – Anna Jacobs (6.30pm – 8.30pm)

Joondalup Library, Boas Avenue, Joondalup. Hear Anna Jacobs talk about her books. Enquiries 9400 4761.

THURSDAY 14 SEPTEMBER:

Mahjong (9.30am – 12.00noon)

Joondalup Library, Boas Avenue, Joondalup. Learn to play or join in at the library. Please register interest 9400 4761.

Information Session "Keep Safe as You Age" (10.00am – 12.00noon)

Fleur Freame Pavilion, McDonald Reserve, Padbury. Become aware about safety issues that may impact upon you now or as you age, through a series of short informative presentations from various services. Morning tea provided, please register interest 9400 4315.

City of Joondalup Invitation Art Award Tour (10.30am – 11.30am)

Lakeside Joondalup Shopping City, Joondalup Drive, Joondalup. Be guided through the display of 36 of WA's leading artists who have vied for the \$10,000 Art Award.

Police Academy Tours (10.00am & 1.30pm)

Western Australia Police Academy, Lakeside Drive, Joondalup. Cop this! Participate in one of these two specially arranged guided tours through the Police Academy. Tours last about 90 minutes. Limited numbers, bookings essential 9400 4315.

Learn to Dance or Simply Dance (1.00pm – 4.30pm)

Imperial Ballroom, Winton Road, Joondalup. Relax, enjoy, participate in this great pastime. Cost \$7.50, includes afternoon tea. Limited numbers, bookings essential 9400 4315.

WA Retirement Complexes Residents Association Promotion (1.30pm – 2.00pm)

Fleur Freame Pavilion, McDonald Reserve, Padbury. Learn about issues associated with living in retirement complexes. Enquiries 9400 4315.

Centrelink Seminar "Reverse Mortgages" (2.00pm – 4.00pm)

Fleur Freame Pavilion, McDonald Reserve, Padbury. What are Home Equity Conversion Loans? Advantages and disadvantages will be discussed. Afternoon tea provided, please register on 9400 4315.