

CITY OF JOONDALUP

MINUTES OF THE SENIORS INTERESTS ADVISORY COMMITTEE HELD ON WEDNESDAY 17 SEPTEMBER 2003 AT 9.30AM IN CONFERENCE ROOM 3, CIVIC CENTRE, BOAS AVENUE, JOONDALUP

1. ATTENDANCES AND APOLOGIES

Elected Members:

Mayor Don Carlos	Acting Chairperson
Cr Mike O'Brien	

Officers:

Yvette Peterson	Community Development Officer
Julie Eaton	Coordinator Community Services

In Attendance – Committee Members:

Audrey Poole	Industry Representative
Diane Davies White	Industry Representative - Seniors Recreation Council of WA
Robert Kinloch	Deputy Industry Representative
Kevan Rowe	Community Representative
Lucy Morris	Executive Director, Community Vision Inc
Jade Santa Maria	Office for Seniors Interests and Volunteering
Colin Rockman	President, West Perth Football Club

Apologies:

Cr Alison Walker	
Allyn Bryant	Industry Representative – Association of Independent Retirees Inc
Margaret March	Community Representative
Lew Thorstensen	Community Representative
Graeme Hall	Manager Community Development Services
Brian Dodds	Department for Community Development

In the absence of the Chairperson, Mayor Carlos assumed the seat of Acting Chairperson.

The Acting Chairperson declared the meeting open at 9.40 am.

2. CONFIRMATION OF PREVIOUS MINUTES

MOVED Cr O'Brien, **SECONDED** Dianne Davies White that the minutes of the meeting held on 20 August 2003 is a true and accurate record.

CARRIED

3. OUTSTANDING ITEMS FROM LAST MEETING

3.1 West Perth Football Club

Colin Rockman, President of the West Perth Football Club was introduced to the Committee. Colin gave an overview of the Club since its inception in 1885 and advised that West Perth was the only WAFL football club to move to the northern suburbs.

Colin spoke of the club having an interest in the remedial and recreational needs of seniors. He advised that the club is endeavouring to introduce and assist seniors in recreational pursuits such as the use of quad bikes, tricycles and eventually bicycles. West Perth has organised with the Arena management - for the 2004 football season, to bring seniors to the Arena to swim, have a sausage sizzle and watch West Perth play before returning them home at a cost of \$12. Colin stated that it is the intention of the West Perth Football Club to work with the wider community including seniors and challenged people. Colin spoke of the seniors playing a role in activities that would involve challenged people, with seniors taking on a parental type role.

Kevan Rowe spoke of his concerns for the wellbeing of seniors whilst participating in this recreational exercising. Colin advised that there would be appropriate people on hand to assist the seniors and the intention is to ease the seniors gently into exercise.

3.2 Community Transport

Coordinator Community Services gave a presentation on the City of Joondalup's Community Transport Program and circulated copies of the presentation to the Committee.

Coordinator Community Services advised that the City employs one paid driver and engages 7 volunteer drivers and 2 volunteer carers for the programme. She further stated that the service was provided to 270 seniors every week. The cost for travel is \$2.20 per person.

Dianne Davies White asked what the age bracket is for this service. Coordinator Community Services replied that whilst most people using the service are seniors, she normally asks about their abilities rather than age.

Coordinator Community Services also spoke on the Community Transport Policy and the use of community transport vehicles before giving a brief presentation to the Committee.

3.2 Podiatry Service

Coordinator Community Services spoke about the Podiatry service that the City provided before being transferred to Community Vision. She advised that the City contracted the podiatrists and the seniors were charged at a cost of between \$12-\$14 through to \$25 per session compared to a full cost of approximately \$40. Coordinator Community Services gave a presentation showing details of five other local authorities that also provide this service.

Coordinator Community Services advised that the Armadale Hospital once provided a free podiatry clinic service but this service was no longer available, however long term patients of the hospital or people with diabetes still obtain this service free. The City of Armadale does not provide free podiatry.

Coordinator Community Services asked Lucy Morris to speak about the service that Community Vision provide.

Lucy advised that HACC (Home and Community Care) funding was available for home visits provided on a Friday of up to five visits at a cost of \$30 for an initial session and thereon after at a cost of \$25. She also advised that a clinic service is available from Monday to Thursday with an initial fee of \$30 and a cost of \$20 for further sessions.

4. GENERAL BUSINESS

4.1 GOLD Program

Mayor Carlos spoke about the 33 activities included in the GOLD Program that was to be launched at the Craigie Leisure Centre at 11am, 17 September 2003.

4.2 Follow up from Presentation – A Seniors Profile

Community Development Officer circulated a “Seniors Health, Fitness and Nutrition” flyer (seminar to be held at Sorrento Duncraig Recreation Centre) and a follow up handout to the presentation given by Mog Piasecka, Research and Policy Officer at the previous meeting.

4.3 Physical Activity Taskforce – Seniors Day

Community Development Officer advised that there has been a considerable amount of interest in holding a seniors’ expo at the Arena in November 2004 and the City would like to apply for a State Government grant, to assist with this event.

Dianne Davies White spoke about the Masters Games 2003 to be held at Fremantle between 19 and 23 September. Dianne asked if the City would be interested in holding a “north of the river” event next year.

Community Development Officer asked the Committee if it would like her to apply for a Physical Activity grant which could incorporate the event suggested by Diane Davies White.

MOVED Mayor Carlos, **SECONDED** Cr O'Brien that the City applies for a Physical Activity grant to run a Seniors/Have a Go Life Style programme in November 2004.

CARRIED

Colin spoke of a modified touch football activity that was being introduced for males and females with no age limit that could also be incorporated into the event.

Dianne Davies commented on the difficulty in promoting the "Have a Go Day" in the City of Joondalup.

Mayor Carlos suggested that Dianne provide details of items that she would like promoted and he would endeavour to include it in to his weekly column in the community newspaper.

4.4 Directory for Seniors and People with a Disability

Community Development Officer advised that 11,000 directories were to be printed and would cost 70 cents per directory if mailed out. Discussion pursued on how best to distribute the directories to the seniors. It was decided to circulate the directories via seniors groups, libraries and the leisure centres

Robert Kinloch left the meeting at 10.40am.

4.5 Seniors Expo

Community Development Officer reminded the Committee that the Seniors Expo is to take place on the 27 and 28 October 2003 at Lakeside Shopping City and Warwick Grove Shopping Centre and information on the expo has been sent out to seniors groups.

4.6 Sunday Serenades

Mayor Carlos advised that the Sunday Serenades being held at Council Chambers once a month appeared to be very successful at a cost of \$8 or \$6 concession, which included tea/coffee and biscuits.

5. DATE OF FUTURE MEETINGS AND CLOSE

The next meeting will be held on the 15 October 2003.

Mayor Carlos declared the meeting closed at 10.55am.